



THE OUTLOOK

MONMOUTH UNIVERSITY'S
STUDENT-RUN NEWSPAPER SINCE 1933

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Sexual Violence Concerns Escalate

ABIGAIL BROOKS
GRADUATE ASSISTANT
MANAGING EDITOR

Monmouth University released its latest Clery Act report on Saturday, Oct. 1, revealing that several instances of rape, criminal sexual contact, and domestic violence were reported on campus and surrounding public property between 2019 and 2021.

The University recorded five rapes in 2019, one in 2020, and three in 2021, totaling nine rapes over a three year span. Seven instances of criminal sexual contact and 11 cases of domestic violence were recorded over this same time period.

According to the Clery Center, the Clery Act requires colleges and universities to report campus crime data, support victims of violence, and publicly outline the policies and procedures they have put into place to improve campus safety. Under this act, all colleges and universities that receive federal funding are required to publish a public annual security report detailing

statistics of campus crime for the previous three years on Oct. 1 of every year.

“One of the main purposes of the Clery Act is to make information readily available so that people can make an informed decision about whether or not they want to work at or attend a particular university,” explained Amy Arelquin, Deputy Title IX Coordinator and Clery Compliance Officer. “By disclosing these numbers and all the other fire and safety information that is included in the Guide to a Safe Campus, we are providing people with the necessary information to make those decisions.”

According to the American Association of University Women (AAUW), 89 percent of colleges and universities failed to disclose any reported incidents of rape in 2016, despite numerous studies showing that rape is common on college campuses. The Department of Justice confirms that there is a statistical underreporting of rape, especially among college students. As such, Monmouth’s true number of rapes and other instances of sexual violence may exceed the figures revealed in this year’s report.

“It’s clear that underreporting remains an issue, not just on college campuses, but everywhere,” said Kiameesha Evans, Dr.PH, MPH, MCHES, Director of Gender and Intersectionality Studies.

“Any allegation of sexual misconduct is disturbing and when we learn of one we follow up on it as the victim/survivor wishes,” explained Mary Ann Nagy, Vice President for Student Life and Leadership Engagement. “Creating an environment where students are comfortable reporting these cases will certainly increase our numbers but will also enable us to understand the depth of the issue so we can continue to adjust our policies, practices and educational programs further.”

“While we aspire for a safe campus community free from crime, we have prepared for the possibility of criminal activity in and around our campus, including sex offenses, and have made every effort to ensure our students have access to the support and resources they need to feel safe.”

VIOLENCE cont. on pg. 2

University Celebrates National Coming Out Day

BREANNA GUINTA
CONTRIBUTING WRITER

Monmouth’s Intercultural Center (IC) and Pride Club co-hosted a National Coming Out Day (NCOD) celebration with food, giveaways, music, a photobooth, and community mural on the Rebecca Stafford Student Center’s patio on Tuesday, Oct. 11.

This nationally recognized holiday raises awareness for members of the queer community in “coming out of the closet, which refers to when an individual reveals one’s sexual identity or orientation to family, friends, and/or the public.

Zaneta Rago-Craft, Ed.D., Director of the Intercultural Center and Advisor to the President on Diversity and Inclusion, explained the purpose of the IC in relation to the LGBTQ+ community and NCOD. “We support the community by hosting events with our student organizations with social gatherings. National Coming Out Day has been a tradition for many

years, and we brought it to the center for the first-time last year...We are hoping to make it a tradition every year here at Monmouth University,” said Rago-Craft.

The Intercultural Center was established in 2019 and has a multitude of LGBTQ+ resources available to campus members, like the safe zone program, the chosen name system, and gender-neutral housing. This does not also include the University’s student led organizations, such as Monmouth Pride and the Gender Studies and Intersectionality clubs.

Fernando Iragorri, a freshman chemistry student, explained why he feels it is his responsibility to help others feel secure in themselves as someone who is out within the LGBTQ+ community.

“As someone part of the LGBTQ+ community and out already, I take it as a personal job to help anyone struggling,” said Iragorri.

Owen Bros, a freshman

COMING OUT cont. on pg. 2

LHBS Announces New Co-Curricular Program

ISABELLA HANNA
EDITOR-IN-CHIEF / NEWS EDITOR

Monmouth’s Leon Hess Business School (LHBS) recently launched its new co-curricular engagement program, Hess ENGAGE, which tracks and rewards students for on and off-campus involvement in and outside the classroom. The School formally announced the program in an email on Wednesday, Sept. 28.

The program is hosted on Sutable, an academic-founded software that enables colleges and universities to promote consistent and quantifiable student engagement. According to Sutable’s website, the purpose of the platform is to “help schools increase student participation outside the classroom, track and assess experiential learning, and empower all students to

tell their unique stories with our modern co-curricular transcripts.”

Janeth Merkle, DBA, Assistant Dean of the Leon Hess Business School, explained Hess ENGAGE as it relates to the mission of the LHBS.

She began, “Hess ENGAGE offers the opportunity to align co-curricular activities with the School’s Assurance of Learning and employ the layers of career readiness competencies prescribed by the National Association of Colleges and Employers (NACE)...Hess ENGAGE focuses on enhancing students’ communication, leadership, teamwork, analytical and critical thinking skills, global and cultural engagement, civic and social engagement, business knowledge, and career and self-development.”

Hess ENGAGE hosts a variety of activities that students can participate in and earn badges correlating to different

engagement levels. Merkle continued, “Hess ENGAGE uses the following leveling rubric: Level 1 (Exposure), Level 2 (Participation), Level 3 (Engagement), Level 4 (Expertise), and Level 5 (Mastery).”

“Students who complete activities on Hess ENGAGE are awarded competency badges. Students will be able to share these badges on social media outlets, as well as their co-curricular transcript. Currently, Hess ENGAGE offers 245 various activities,” Merkle said.

Raj Devasagayam, Ph.D., Dean of the Leon Hess Business School, noted how pivotal one’s co-curricular transcript is when transitioning out of higher education and into the workforce.

“An important outcome of Hess ENGAGE is the ability for a learner to obtain a co-curricular transcript in real

time! Our students are able to differentiate themselves in their networking, internship, and employment conversa-

tions by clearly demonstrating their engagement and

HESS ENGAGE cont. on pg. 3



PHOTO COURTESY of Anthony DePrimo

Janeth Merkle, Assistant Dean, is heading the LHBS’s launch of Hess Engage, coordinating with faculty and student-run organizations.

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Business Students Compete in College Fed Challenge 2022

ISABELLA HANNA
EDITOR-IN-CHIEF / NEWS EDITOR

The Leon Hess Business School (LHBS) is sponsoring the School's inaugural student-led team for the national College Fed Challenge 2022. The team, composed of current business undergraduate students, recently submitted the first round of requirements on Thursday, Oct. 6.

Richard Roberts, MBA, Specialist Professor in the Department of Economics, Finance, and Real Estate, initiated the School's involvement in the College Fed Challenge and is the team's faculty advisor.

Prior to his career at Monmouth, Roberts was an executive of the Federal Reserve System, heading the New York Central Bank's Credit Risk Management during the 2008 financial crisis. Because of his connections with the Fed, he wanted to expose Monmouth students to the organization of the Federal Reserve, as well as the nationally recognized competition.

"The College Fed Challenge is an academic competition where teams of students research and analyze economic conditions and present their analysis, including a recommendation for monetary

policy...The competition is a good example of the experience-based education that the LHBS champions," explained Roberts.

The competition is hosted by the United States' Federal Reserve, along with other Federal Reserve Banks and regional planning universities. Teams that make it to the final round are normally invited to Washington D.C. to present live their analysis, forecasts, and monetary policy recommendations to a panel of Federal Reserve officials.

This select group of students were chosen based on academic performance in their macroeconomic courses. Monmouth's team was nominated by their professors and recommended to Roberts to participate in the competition.

Alexander Korolik, a senior business student, described his role as a member of the team. He started, "My role in the challenge was to head the development of our script, along with my fellow members Dustin Ho, Darian Ricciardi, and Mue Carroll."

Korolik likewise reflected on the team's experience in working together. "The challenge presented an amazing opportunity for us as LHBS students, and I could not be happier to have worked on this with them...Being a part of a collaborative team, and applying

what we have learned about macroeconomic trends and monetary policy, helped us all realize what college is really about."

Roberts agreed with Korolik, explaining the purpose of introducing students to experiential learning opportunities. "Platforms such as this one combines the academic material learned in the classroom with real-life scenarios, enhancing the development of students' research skills, critical thinking capacities, and ability to present well," said Roberts.

Dustin Ho, a senior business student, felt similarly to his Fed Challenge colleague. He began, "Because we met regularly to work together, we were able to pull research and talent into our presentation...The degree of collaboration and research required for this challenge served as great exposure to real economic research and analysis."

While the competition enables students to employ a variety of different skillsets, Roberts emphasized why it is crucial for students to understand monetary policy-making and the considerations that go into such decisions.

Roberts noted, "Analyzing today's economic environment is one of the most challenging I've seen in my many years in the ob-



IMAGE TAKEN from Long Branch, NJ Patch

The Leon Hess Business School offers concentrations in accounting, finance, general management, and marketing.

...serving market trends...We are increasingly likely to face a recession by third quarter of next year, which is when some students will head out into the job market for prospective employment opportunities."

Roberts explained that the policies Fed pursues may impact people's future employment, so it is important for students to educate themselves and prepare for what may occur.

Korolik added, "Economics is one of those subjects that gets heavily debated all the time. From monetary policy to microeconom-

ics with things like game theory—we see economics everywhere around us, and it quite literally explains how liquidity (cash) flows through markets, and how certain inputs lead to outputs."

Korolik ended by thanking Roberts for the opportunity to compete in the Fed Challenge. "I would like to thank Professor Roberts for nominating us as members, and for giving us the tools to be a part of something larger. He has been an excellent professor, and I know us members' only hope is to set this up for future years to come," concluded Korolik.

Student Safety on Campus Questioned

VIOLENCE cont. from pg. 1

added Patrick Leahy, Ed.D., President of Monmouth University.

"The Board of Trustees takes campus safety very seriously and we work closely with University administration to ensure that the University's policies and procedures support and protect our campus community," said Jeana Piscatelli, Chair of the Board of Trustees. "As a woman, I know that concerns about safety can be felt more keenly by women and other groups who are more likely to be targeted by perpetrators of sexual violence."

The data from this year's Clery Act report dates back to 2019. In August of that year, Leahy joined the Monmouth University community in place of Grey DiMenna, Esq., former president of Monmouth University.

"Since arriving at Monmouth, I have worked closely with the Division of Student Life, the Monmouth University Police Department, the Office of the General Counsel, and the Division of Facilities Management and Campus Planning to prioritize and safeguard the welfare of our community and in particular, our students. I have been directly involved in the searches for new leadership in three of these four areas, ensuring that my new colleagues share similar thoughts and ideas on the significance of safety on our campus," said Leahy.

Although the University is legally required to disclose this information through the Clery Act, many have questioned why the campus community is not informed of these acts as they occur.

"I absolutely question the school's transparency on these issues," added Richard Pitts, a junior political science student. "There is minimal to no communication about these events on campus to the student body."

Despite these concerns, Arlequin assured that any crimes

that "pose an imminent threat to the campus community" will be disclosed through Monmouth's emergency notification system. Additionally, daily crime logs detailing the past 60 days' worth of crime on campus are available upon request to Arlequin's office or the Monmouth University Police Department (MUPD).

"The safety and security of all members of the community is a top priority of the University. That is why we have a police department and we invest in that department from a personnel and training perspective," said Nagy, describing the department's working relationship with local law enforcement.

Nagy also described several other safety measures implemented on campus, including emergency phones, card access to buildings, cameras, lighting, and the utilization of safety officers and traffic attendants.

"The University boasts transparency with its Hawk Alerts and blue lights, but when it actually comes down to notifying the campus community of rapes and instances of sexual assault, University members are left in the dark. It makes you question why certain information is less publicized," said a senior business student who wished to remain anonymous.

Leahy described several safety measures that have been implemented since Carlos Ortiz, Chief of Police, joined Monmouth in March of 2022, including improved emergency response training, security camera and emergency callbox audits, smart landscape design, and development plans to relocate the police headquarters to a "more suitable facility."

"An increase in criminal activity can be alarming," said Ortiz. "However, our University Police Department is proactive in maintaining the safety of our students and the campus community. Working alongside University partners, it is an opportunity to address how we as a campus de-

velop strategies to maintain the safety and security of our students."

"As our new Chief of Police continues to assess the campus for possible safety improvements we will work to address those needs both physically and with additional staffing as needed," Nagy added.

Beyond University-implemented safety protocols, Ortiz advises students to protect themselves by walking in well-lit areas, avoiding walking alone at night, knowing the locations of the emergency call boxes located on campus, and reporting any suspicious or criminal activity to University Police when on campus.

Still, Nagy points out that the best way to reduce the number of rapes, criminal sexual contacts, and acts of domestic violence is to educate all members of the community. "It is critical that students know what our policies are, how to report a situation of sexual misconduct, harassment, stalking, dating violence or domestic violence to us," she explained.

"Monmouth aspires to be a place where all members of our community feel welcome, safe, and protected. We recognize that any act of sexual misconduct poses a serious threat to the spirit of this community. As such, the university prohibits all forms of sexual misconduct and aims to foster a supportive environment in which all members of the community feel comfortable and safe reporting their experiences to the university," said Leahy. He added that direct support and access to safety resources are available through the Division of Student Life, Office of Equity and Diversity, Police Department, and Department of Counseling and Prevention Services.

"Monmouth University strives to provide the safest environment possible for all members of our community. The occurrence of any crime or sexual offense on campus is one too many," concluded Leahy.

Coming Out Day 2022

COMING OUT cont. from pg. 1

history and political science student, discussed what NCOD means to him. He said, "Although I am not a part of the LGBTQ+ community, both of my older sisters are, so I am very supportive of their identities. For example, to show them my support on this day, I'll give them a phone call and share Instagram posts...I think it is very important for the LGBTQ+ community to have this level of recognition because it represents the struggle associated with coming out."

Tatiana Romero, sophomore finance student, also celebrates NCOD by supporting her friends and brother who identify as community members. "I like to celebrate this holiday in unity with my close loved ones," started Romero.

She also explained how other students can support the LGBTQ+ community. "Raise awareness, practice open mindedness, and be compassionate. To make anyone feel loved and welcomed on campus is the best way to support them," noted Romero.

NCOD not only recognizes the community's transparency, but also

honors the anniversary of Oct. 11, 1987, the Second National March on Washington for Lesbian and Gay Rights. The political rally was prompted by President Ronald Reagan's administration's lack of acknowledgement in the AIDS crisis.

Fast forward one year, Robert Eichberg and Jean O'Leary, gay and lesbian rights activists, worked to establish a holiday in remembrance of the march and what it represented for the community. Although the first march of its kind occurred in 1979, the size, scope, and success of the one in 1987 has led to it being referred to as, "The Great March."

The holiday is recognized by all fifty states, as well as several other countries across the world.

The LGBTQ+ community stands for more now than it did back in the 1980s. The L stands for lesbian; G for gay; B for bisexual; T for transgender; and Q for queer or those questioning their sexuality. The plus represents all other known identities, such as pansexual, asexual, agender, bigender, cisgender, etc.

"National Coming Out Day is such a beautiful celebration because you are expressing a greater part of yourself...It is warming to be true to yourself," Irigorri concluded.



PHOTO TAKEN by Breanna Guinta

The Intercultural Center and MU Pride club co-hosted an event in honor of National Coming Out Day on the Student Center patio.

ArtNOW Speakers Talk Immersive Digital Storytelling

ABIGAIL BROOKS
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MANAGING EDITOR

Monmouth University's ArtNOW visiting artist series hosted a presentation and workshop featuring the work of Anthony Jude Setaro and Douglas Booton on Tuesday, Oct. 4 and Wednesday, Oct. 5.

Setaro and Booton's work revolves around immersive digital storytelling using 3D software to visually recreate Red Bank and Monmouth County in the early 1900s. They seek to explore the local history of their family emigrating from Italy, aiming to preserve their ancestors' legacy and tell their story.

What originally started as a podcast and series of mini documentaries about their family history turned into a much larger project as the cousins took their story to Unreal Engine, a 3D computer graphics game engine developed by Epic Games that allows users to create photoreal visuals and immersive experiences.

Setaro and Booton's research began after their aunt died in 2020, which led to the discovery of several artifacts in her house. These included old photo albums, postcards, clippings of news articles, and other relics that explained aspects of their family history and how it was deeply connected to the local Red Bank area.

The team's first project in Unreal Engine was taking the postcards and photographs and putting them onto a map

of Red Bank from 1889, figuring out where each photograph was taken and using that information to create a visual to understand what the town would have looked like back then. They focused primarily on recreating recognizable landmarks as the focal points of the map, and built the rest based off of that.

"[Unreal] enabled us to tell the full scale of this story," said Setaro. "It's never going to be completely accurate, but we wanted to get that feeling of the old Red Bank."

The project was advanced even further when the cousins decided to expand their creation, expanding to capture the entire Monmouth County area rather than just Red Bank. Using geological surveys and topographical satellite data for accuracy, Setaro and Booton made a 400 square kilometer recreation of Monmouth County as it appeared in the early 1900s, completed with historically accurate characters and landmarks.

Moving forward, Setaro and Booton plan to incorporate live action shots into their Unreal Engine creation, create a feature film and streaming series, and eventually release a playable base level game as they continue to develop the project.

Setaro and Booton are not strangers to the Monmouth University community. Setaro is an alumni of the University and reached out to Aaron Furgason, Chair of the Department of Communication, to

inform him of the project he and his cousin were working on.

"We got in touch and the two visited my graduate Message Construction class in the Spring because we were using a game engine software to create stories," explained Amanda Stojanov, MFA, Assistant Professor of Digital Media. "They were able to present their work and their progress. From there, we continued working together to bring this event to campus and to show the students an even deeper picture into their entrepreneurial work with the immersive game engine and digital storytelling."

"I took a class last semester where my professor had [Setaro and Booton] as special guests, which is where I first learned about their work," said Skylar Smith, a graduate interactive digital media student. "My favorite part of this event was seeing their progress since I last saw it. Setaro and Booton are extremely passionate about their work, and their teamwork dynamics are admirable."

"They visited the class while I was using Unity. They were using Unreal Engine, and there's a longstanding debate about which is better," Stojanov continued. "Through this experience, I've been able to learn some of what the Unreal Engine has to offer, and I started working with it over the summer when I was on sabbatical. Now, I'm teaching it in Interactive Media Productions to undergraduate students."

Smith added that Unity and Unreal Engine are very simi-



PHOTO COURTESY of Brian Johnston

Anthony Jude Setaro and Douglas Booton now own their family's historic home in Red Bank.

lar programs and that she noticed a lot of parallels based on her work with Unity and seeing Setaro and Booton's work with Unreal Engine, noting that she would eventually like to learn more about that software. "The small project I did took so much time and effort that doing something to the scale they are doing almost seems impossible. They learned how to do all of this in less than a year, which is crazy to me since it took me so long to create a simple 3D space [in Unity]."

Setaro and Booton's work with Unreal Engine utilized data analytics and facial data capture to create augmented reality animation and video capture software that uses artificial intelligence to analyze movements from a video and create animations, two features that Stojanov said she

would like to teach in her classes.

Following the presentation, Setaro and Booton hosted a workshop in the Interactive Digital Media Lab the next day. There, students were able to ask further questions and get a better look at the development of the game thus far.

This event was the latest installment of ArtNOW's 2022-2023 theme "restorative relationships during precarious times."

"Even just planning these events can feel pretty precarious based on our current situation in the pandemic. We thought that even though we're still in precarious times, how can we come together as a community and create relationships and restore some of the old community storytelling events that we used to have so often," said Stojanov.

Students and Faculty Prepare to Utilize Hess ENGAGE

HESS ENGAGE cont. from pg. 1

leadership in co-curricular initiatives, in addition to their academic accomplishments," started Devasagayam.

Benedicte Reyes, Ph.D., Associate Professor for the Department of Economics, Finance, and Real Estate, concurred, "Toward the end of your college career, Hess ENGAGE can help you summarize what you did outside of the classroom and use it to build your professional profile...You can share that information with a potential employer either on LinkedIn or

during a job interview."

Daniella Walano, sophomore management/marketing student and Vice President of Monmouth's Future Business Leaders (MFBL), noted the importance of involving oneself on campus during one's time as a student.

She said, "Speaking from a club perspective, Hess ENGAGE is an awesome way to encourage and increase participation for on-campus events. The points system almost makes participation a competition, compelling students to get more involved in our School's community."

"It is so important for stu-

dents to get involved during their college careers so you can discover what you enjoy doing and see yourself pursuing in the future," resolved Walano.

Mariana Marques, a senior business student and Secretary & Public Relations Manager, felt similarly to her MFBL colleague.

"As students engage more and more with the platform, Hess ENGAGE will become increasingly well-known and students will want to participate. In highlighting the advantages of the Hess ENGAGE, students can create productive habits that lead to greater on-campus involvement and, overall, a fulfilling college career."

Stuart Rosenberg, Ph.D., Professor in the Department of Management and Leadership, elaborated on the future prospects of the program. He began, "The program is new as we just launched the platform. We are promoting it now to bring awareness and underscore the importance of taking advantage of such an opportunity."

"In subsequent semesters, faculty will have the ability to tie this into their learning objectives noted their syllabi, pairing complementary activities to their curriculum. Just as there are the usual metrics

"An engaged student is encouraged to continue their learnings beyond the classrooms through co-curricular opportunities."

RAJ DEVASAGAYAM
DEAN OF THE LEON HESS BUSINESS SCHOOL



MONMOUTH UNIVERSITY

LEON HESS BUSINESS SCHOOL

HESS ENGAGE

BUILDING YOUR COMPETITIVE EDGE.
Excel, Network, Grow, and Gain Experience.

PHOTO COURTESY of Leon Hess Business School

The LHBS is launching its new co-curricular program, Hess ENGAGE, for business students to take advantage of in the coming semesters.

to measure students' performance in the classroom, Hess ENGAGE is an additional tool students can use to maximize their portfolio," elaborated Rosenberg.

Although the use of this platform is optional, it comes highly recommended by students and faculty to ensure students earn a competitive edge before graduation.

Rosenberg concluded, "The LHBS wants our students to show off a variety of skills that are separate from the knowledge that they gain from academics. Other busi-

ness schools have begun similar programs, so we felt it was important to also do this in order for our students to be competitive in the job market."

"Our mission at the LHBS requires of us to develop well-rounded business leaders. We believe that teaching-learning opportunities transcend the boundaries of a classroom. An engaged student is encouraged to continue their learnings beyond the classrooms through co-curricular opportunities," closed Devasagayam.

THE OUTLOOK

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Do We Feel Safe on Monmouth's Campus?

EDITORIAL STAFF

Campus safety is a growing issue at Monmouth as students' concerns heighten surrounding recent developments concerning the security of female community members. According to the University's Clery Act report released Oct. 1, domestic violence on-campus has increased since 2019. As a result, *The Outlook's* editors have come together to discuss this new reality, as well as how they each perceive Monmouth's commitment to ensure safe campus grounds.

The editors generally agreed that Monmouth has areas to improve upon in regard to its safety protocols and how students are looked after on a day-to-day basis. One editor bluntly stated, "I don't feel as though Monmouth has done a great job in creating a safe campus environment...We pay a lot of money to attend an institution that's supposed to protect us. The University needs to take stronger measures to make all students feel safe."

Universities across the United States are facing increased problems related to on-campus violence against women. Unfortunately, this does not surprise some of our editors.

One editor said, "This is not at all surprising to me seeing the attitudes of individuals and organizations on campus like Greek Life...Every single girl I know has told me some story about sexual assault or harassment that they or their

friends experienced...The lack of action addressing issues like this is the pinnacle reason as to why this campus is so dangerous for women."

A good majority of our editors are themselves women, explaining their own personal safety concerns. "Fortunately, I haven't directly been affected; however, whenever I am staying on campus late at night and walking alone to my car, I am on edge. I am sure this is not an uncommon feeling among students," explained a female editor.

Another female editor responded, saying, "I didn't know that the University's on-campus violence against women has almost tripled since 2019...This is something everyone should be aware of but it doesn't feel like a lot of people on campus are talking about this issue."

While many of our editors took recent incidents into account and even recalled their own experiences, we can't help but wonder what actions the University is taking to rectify students' safety concerns.

One editor suggested, "I think installing functional and monitored security cameras alongside better lighting in parking lots."

Another added, "I feel like the school should have a few more MUPD cars patrolling the campus, especially at night. I'd like to walk back to my dorm from my 9 p.m. class knowing

that I am safe."

The editors also considered the fact that Monmouth's campus is open to the surrounding community.

"Granted there have been no major threats to Monmouth, but the campus is open to anyone who steps foot and could have a weapon on them," elaborated an editor.

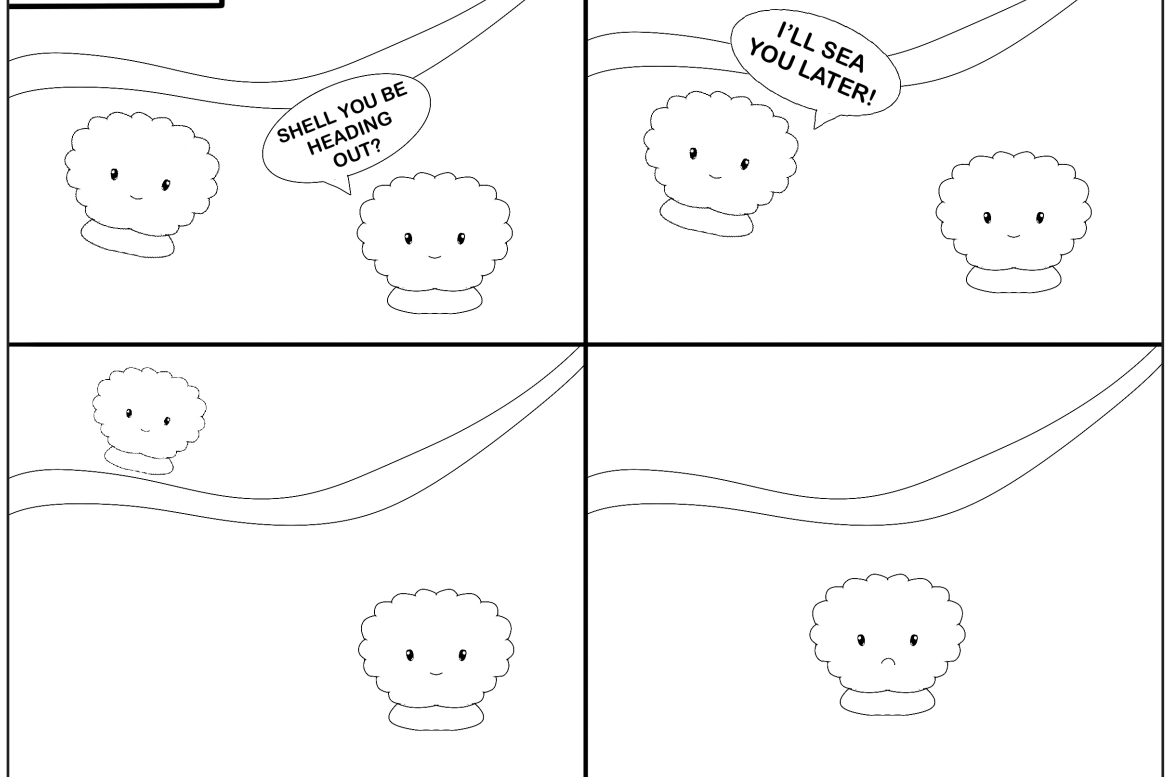
A different editor agreed, saying, "I was actually speaking to a friend about campus safety, and we both feel that the open campus policy brings unwanted visitors to campus, potentially jeopardizing the safety of students and staff."

Another editor proposed, "The school should consider having a gated system that allows only students and faculty to have access to entering and leaving campus instead of just having open gates and easy entry access for anyone. I think this would help eliminate suspicious people from entering our campus and its buildings."

All in all, campus safety is an issue that concerns not only the editors but other Monmouth students and community members. Other members of our community have similar concerns over this issue which is also a big concern among our editors. With violence on the rise in society and American college campuses, there is much to be concerned about. We believe the University should take greater precautions in managing students' and faculty's safety.

Shell Beach Time

Kiley Hubbard



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One Holiday at a Time, Please!



IMAGE TAKEN from Pexels.com

Halloween is right around the corner, but stores brought out their pumpkins and skeletons as early as July.

GABRIELLE SANGATALDO
CONTRIBUTING WRITER

Before August is even finished, many start gearing up for “spooky season.” Sweaters are pulled out of storage, skeletons begin to hit the shelves, and anticipation for the famed pumpkin spiced everything is ready to overflow before fall officially starts.

Then, in an eerily similar fashion, the hype for Christmas begins. Wreaths hang for sale, gifts start to get wrapped, and the classic songs play in homes all before the Thanksgiving turkey is even digested. Then the seasons are over, and suddenly it’s time to go back to waiting for the whole thing to start again.

Though this cycle happens without thought, one has to pause and ask, why does this happen? Furthermore, perhaps more philosophically, why are we as a society unable to stay in the present?

Personally, Halloween is my favorite holiday. There’s something incredibly intriguing and captivating about the macabre being celebrated lightheartedly. I can’t remember when I didn’t look forward to seeing some of my most watched movies used as decorations on people’s lawns.

Now, it’s entirely plausible that my love for the holiday stems from my birthday being so close to it—a sort of classical conditioning, if you will. Nevertheless, Halloween has always had sentimental value to me.

Year after year, I look forward to having the classic debate of whether or not *The Nightmare Before Christmas* is a Halloween or Christmas movie (it’s Halloween). That

being said, what makes Halloween so unique is the fact that it has an entire month to it.

Sure, you could extend the Halloween “season” to include the beginning of November, and many do hold off on putting away the decorations for a bit. Still, the confines and finality of the season make any holiday something to appreciate.

This same sentiment applies to Christmas. Many people I know love to blast the Christmas tunes and get into the spirit as soon as Halloween finishes—it’s one right after the other, and Thanksgiving is nothing but a hurdle standing in the way of what’s actually important.

What these same people forget, however, is that Christmas is not until the end of December. There is almost a two month break between Halloween and Christmas. It’d be insane to have skeletons out in the middle of August, though stores have been beginning to pull them out of their closets as early as late July. Still, why doesn’t the same precedent apply to Christmas?

However, Christmas fans have that defense that stores are currently beginning to stock up for the festive season. The absolute worst part is that we feed right into it. In recent years, we have fallen increasingly into a pit of consumerism, thanks to corporations’ push on holiday merchandise and supplies.

Huge chains such as Target and Walmart continuously extend their holiday windows to maximize profit. They know what we want—our favorite holidays to be here as soon as possible. We, in turn, give them what they want—money.

One would think that this is a win-win scenario when in real-

ity, we are being exploited for what we cherish most, such as creating memories and spending time with our families. Not to mention, store corporations aren’t the only ones promoting this instantaneous gratification of what we want.

The internet is a critical component in fostering a go-go-go mentality, where it seems as if we have to be on the move at all times constantly. Apps such as TikTok grant us instant dopamine fixes, all in a few minutes or less.

Communicating on apps such as Snapchat or Instagram also shows us the immediate second someone opens a message—and we wonder what’s wrong if they take too long to answer.

This easily transfers itself into our daily lives, and it’s no wonder it’s now applied to the real-life things we enjoy most, like holidays.

Though there is a corporational push for holidays to each have their elongated period, we as individuals and as a society can choose to slow it down, and we should. There’s no need to rush through the seasons that bring us joy, as savoring the shorter time we have with them can make them all the more enjoyable.

Letting holidays happen when they happen can foster a greater appreciation for them, which is perhaps what we as a society need in a climate of borderline thanklessness.

So before you rush to turn on “It’s Beginning to Look a Lot Like Christmas” in the crisp fall weather of November, perhaps take a moment and think if it’s actually beginning to look like Christmas—or if you just prematurely want it to.

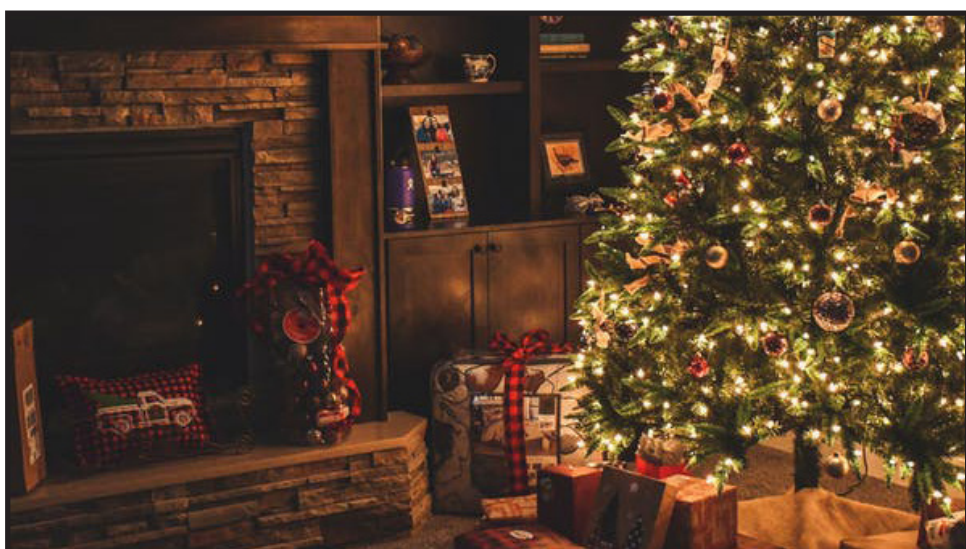


IMAGE TAKEN from Pexels.com

Even with Halloween being right around the corner, some stores—and people—are getting ready for Christmas.

Video Games and Stress Relief

BREANNA GUINTA
CONTRIBUTING WRITER

Most people have played video games at least once in their lives, whether it be on a PC or console game, such as PlayStation, Xbox, or Nintendo devices. There are a variety of games on the market to meet people’s ranging interests.

For example, there are educational games that exercise a person’s mental muscles, like crossword puzzles and simulations that enable one to learn a new language. There are roleplaying games—The “Sims” franchise, “Genshin Impact,” and “Animal Crossing.” Other game series franchises, including “Call of Duty,” “Far Cry,” and “Assassin’s Creed,” are first-person or third-person shooter games. Then you have the iconic arcade classics that we all know and love (e.g., “Pac-Man,” “Mappy,” “Galaga,” etc.).

Because video games come in all different shapes and sizes, you can find the means that suits you they act as a means to escape reality. For a time, one can venture out of his/her own persona, put on the mask of another character, and live out someone else’s story line in a fictional world with little to no consequences.

When I am stressed, I play video games to distract and relieve myself of my worries. My go-to-stress-relieving game is “The Sims 4” on PC. “The Sims 4” is a game where you make a character, called a “Sim.” As the game’s slogan explains, “The Sims” is a game in which you “play with life.”

Your Sim could be a human, vampire, werewolf, alien, or even a dog or cat. Your Sim will go through life, hitting all the milestones like graduating high school, getting their first job, starting a career, starting a family, falling in love, and exploring hobbies. They could make friends with other Sims

and build relationships. It’s seeing from a bird’s eye vantage point what it would look like to control your life and know its outcomes. Sometimes, controlling a virtual person’s life can be extremely therapeutic.

Nonetheless, not all college students use video games to relieve their stress. Tucker Lynch, a sophomore animation student, said, “I play games mostly when I am bored more than when I am stressed.”

He explained that his level of stress also depends on the type of game he is playing. “Sometimes I choose a game specifically with the intent to play and relax,” he said.

Everyone is different when it comes to what helps them relax. For one person, video games are a source of relaxation; for another, playing can cause their feelings of stress to shoot upward.

There are some games I find stress-inducing, like “Call of Duty.” In this first-person shooter, you are playing a character in a war setting, and you must constantly sustain survival mode.

The goal of the game is to prevent yourself from being killed and reach the end of the story line. Even though it is only a game and has nothing to do with real life, it can be stressful. You are strategizing how to defeat the enemy, requiring you to get creative.

A plausible solution for college students looking to find a way to relax is by participating in an alternative reality. College is hard enough as it is; having a hobby to wind down and take a breath of fresh air is needed to be successful in classes.

There is a video game out there for everyone to play, and students should take the opportunity to find a match that will help them relax, especially with midterm exams and papers approaching.



IMAGE TAKEN from Pexels.com

Video games can often relieve stress and take one’s mind off their responsibilities.

Zack Sandler '20: Artist and Producer Living Out His Dreams

LINDA GAMMAL
CONTRIBUTING WRITER

Some students work on their honors thesis in their dorm room or in the student center, but that wasn't the case for Zack Sandler '20. He wrote his thesis while traveling around the country in the back of a tour bus as a tour manager for an emerging band at the time. Zack majored in Music Industry with a minor in Business Management.

Today, Zack plays saxophone for several bands and is the producer for Danny Clinch and The Transparent Clinch Gallery in Asbury Park. He is also co-producer for the pop-up Transparent Clinch Gallery Art Tent at the Sea. Hear. Now. Festival. He's worked on projects with Bruce Springsteen, Bon Jovi, The Rock and Roll Hall of Fame, GRAMMYS, Pearl Jam, and more.

For the last two years, Zack has been a producer at the Transparent Clinch Gallery working directly with Grammy-nominated photographer and Director, Danny Clinch. Danny has photographed and worked with top artists; Bruce Springsteen, Foo Fighters, Pearl Jam, John Mayer, Radiohead, Neil Young, Patti Smith and countless others. In addition to his work adorning album covers, he's directed music videos for Willie Nel-

son, Tom Waits, and the list goes on.

Since The Transparent Clinch Gallery also acts as a local living room and live music space, Zack's role as a producer includes live music curation and logistics, sound engineer, archive organization, marketing, digital media and production management.

Zack grew up by the Jersey Shore, so having the childhood foundation of going to concerts in Asbury Park and fast forward to producing and playing in the same area is a real full-circle moment.

He said, "I'm here at the studio, working on projects with some of my favorite artists that I grew up listening to and idolizing. Now, I'm helping them grow by working on their tours and new albums. I'm also pulling out photographs from our art archives at the studio which end up on major platforms on the world stage."

Zack didn't just land in the music industry, he immersed himself in it while being a student at Monmouth University. As soon as he finished his classes at Monmouth, he'd

head into town that same night to practice exactly what he had learned.

Joe Rapolla, Chair & Specialist Professor in the Music and Theater Arts Department, worked closely with Zack as a student. Rapolla shared, "Zack was willing to put himself out there.



He was willing to go find and/or create opportunities, to make contact with decision-makers and follow up. This is a key element of success in the music, media, or really any business."

Zack credits Professor Rapolla for much of his success in the music industry and the late Reenie Menditto who encouraged him to finish his thesis, which is now published and archived in the Bruce Springsteen Archives and Center for American Music.

In terms of opportunities at Monmouth, Zack grabbed them all. He was a member of Blue Hawk Records, President of the Men's Soccer Club, Treasurer of the Chabad Club, a participant in the Birth Right trip to Israel with Chabad, and co-founder of the "Save Bread" app that won first place on the Hawk Tank, all while maintaining the academic standards of the Honors School.

Even though Zack plays the saxophone, he discovered his entrepreneurial spirit in his business classes and eventually published his app after winning the regional pitch with the financial support of the school. Zack discovered more of his Jewish identity through the Chabad club and had the opportunity

to speak publicly at fundraisers in front of hundreds of potential donors.

Professor Rapolla added, "Zack was also directly responsible for linking the relationship that Monmouth University has with the Light of Day Foundation, which funds Parkinson's Disease research. This concert series would bring student performers together with legendary musicians to play in the benefit."

Zack is a firm believer in giving back and passing along the torch to the people who paved the path for him. Zack will be heading back to Monmouth University for Blue Hawk Record's Industry Alumni Networking event which will take place on Oct. 11 from 7-9 p.m. in the Lauren K. Woods Theatre, where he'll be speaking and sharing his knowledge with students who have similar aspirations.

Zack shares his advice for students looking to gain entry in the music industry, "It's okay to feel uncomfortable. When I was a tour manager, I thought that was it. I didn't know what else was out there. A lot of people expect music to be heavily involved in contracts in offices of Nashville or New York, but it's whatever you make of it. The most important thing is to be happy with what you're doing."

PHOTO COURTESY of Matt Raspanti

Behind the Scenes of the Student Activities Board

LAUREN BEVACQUA
CONTRIBUTING WRITER

The Student Activities Board, also known as SAB, creates events for students to gather and have fun with one another on campus. Behind the scenes, there are countless hours of thought and planning for these events.

The students who put together these events are Megan Pagliettini, President; Sofia Vitagliano, Vice President of Marketing and Membership; and Morgan Vasquez, Secretary. Each provide a very important role in the decision making and events created. From events like Goat Yoga, Coffee on the Quad, and special guest comedian shows, these events take weeks of planning and approval.

Megan Pagliettini, a senior elementary education student, said, "As president, I am in charge of

planning and running events, hosting meetings, and delegating tasks to the e-board and our general members. I am in charge of organizing what belongs at each event and choosing what will be ordered."

Pagliettini continued, "Planning events can be very stressful because we want to make sure our Monmouth students will enjoy every aspect and hope it is what they want to see around campus. We think of some things that our peers and us as well would enjoy and we go from there."

Acknowledging student ideas and feedback from events is crucial for the planning process and holding successful events.

Morgan Vasquez, a sophomore health studies student, said, "As secretary, it is my job to keep everyone informed and make sure that information is organized. I take notes during general member meetings and e-board meetings so that if anyone missed a meeting or has any questions about

what is going on in the club I can answer and give them the correct information. I also use this to send out the weekly emails for SAB."

SAB general members help to promote these events and stay up to date on information within the club. It is important for SAB to keep

track of how many students attend these events to see how popular they are.

Vasquez continued, "When we have an event on campus people come to, we always need to bug them to sign a QR code, but it is really just to see which events are the most popular and which are not as popular."

With the increased use of social media, clubs often post on platforms like Instagram because an advertisement for an event is right at students' fingertips.

Sofia Vitagliano, a sophomore communication student, is in charge of social media, promoting events, and gathering new members.

Vitagliano said, "A lot of people don't know that I make a lot of the promo posters for our events that can be seen on the bulletin boards throughout campus. Our posters can be found with the SAB logo in one of the corners. I use different programs such as Procreate and Canva to design the posters, and then they get hung up on campus and posted on social media."

By having each position, meetings and events are more organized. Students do not often see how much work each e-board member puts in behind the scenes. They must be able to collaborate, communicate, and be open with one another in order for the student body to have access to certain events on campus.

Having an e-board position

in any club can induce stress due to the planning involved; however, the e-board works well together to create a positive and welcoming environment for all.

Pagliettini said, "Sofia and Morgan are amazing e-board members, and SAB would not run as smoothly without them. We work well by communicating and helping each other in any way we can, making sure no one gets too overwhelmed."

Along with these three having their positions, there are also separate e-board meetings, collaborative meetings with other clubs, and gathering with advisors for final approval. The SAB e-board ensures that students can have fun on campus and to make the most out of their college experience.

In the next two weeks, SAB and MU Players will be hosting a Haunted Tour and Casino Night. To keep up with student events and when they are happening, follow SAB on Instagram, Twitter, and Facebook (@monmouth_sab) or text MONMOUTH to 71444.



PHOTO COURTESY of Nicole Lowden



PHOTO COURTESY of Anthony DeRitto / Nicolaus Armatti



PHOTO COURTESY of Mike Lanis

Fall Fashion Trends to Expect in 2022

CECILIAH LEININGER
LIFESTYLES EDITOR

As the cold months are quickly approaching, new styles accompany the drop in temperature. You may not feel mentally prepared to make that closet switch and retire your beloved tanks for the next six months, but the morning frost and crisp night wind are a signal to transition those crop-tops and shorts to chunky cable-knits and jeans.

Although there are a few fall staples we can confidently rely on year-to-year, every new season has its own unique trends, many of which are displayed on Monmouth's campus. The endless revolving door of styles makes it difficult to know what's "in," but the predictions for this fall season's must-haves are out, drawing heavy inspiration from the past couple of decades.

Yes, you heard me right—it's time to go back to your childhood wardrobe and remind yourself why you should have never donated that article of clothing or accessory in the first place.

While styles come and go, there are consistent trends that are commonly associated with fall, making them closet essentials every season. Dark colors and neutrals often make their debut, with the added emphasis on browns, creams, dark greens, and berry colors. Similarly, people often incorporate classic patterns like plaid and argyle into many of their fall pieces to get into the spirit of the season.

Every fall season features



IMAGE TAKEN from Pexels.com

This season's styles will heavily feature trends from the 90s and early 2000s.

items like sweaters, jeans, and boots, giving people that classic fall style while also bracing for the cold weather ahead.

Sophomore English student, Taylor Memoli, said, "I'd say my favorite fall fashion trend is flannels. I love fall, and nothing defines this season more than a flannel. They are so cozy and appropriate for every outfit."

Adriana Simancas, a junior marine and environmental biology and policy student, added, "I feel like chunky knit sweaters are one of my favorite classic fall trends. They are always pretty much in."

While some pieces are practically guaranteed a spot in every-

one's wardrobe, the way in which the clothes are styled is always changing. This fall, *Vogue* predicted that the season's fashion will go back to the basics with clean, tailored looks. They expect that the "preppy style" will be back in full swing this fall but with a more casual take.

Additionally, people are dressing down their outfits by pairing business apparel—such as trench coats, pencil skirts, and button-downs—with casual pieces. For example, people are pairing blazers over mini-skirts and dresses to achieve an effortless yet stylish look. *Vogue* has even given the title of "must-have wardrobe staple" for this fall season to suit

vests, recommending that one pair them with matching trousers.

Simancas agreed, "I can definitely see suit vests being popular this season. They were pretty common last year, and I've seen a lot of people wearing them on social media."

Collegiate cardigans and cable-knits are also making a resurgence this fall to achieve that preppy look while staying warm.

Some styles that people considered off trend only recently are making big comebacks this fall. *Forbes* is predicting that some of the clothing items returning this season include oversized puffer vests, cargo pants, clogs, and

button-down vests. Pieces like yoga pants and low-rise jeans, popularized in the early 2000s, as well as full leather looks from the 90s have also made a major resurgence on social media.

Memoli continued, "This fall, I think Uggs will [be] back in style, especially those Ugg slippers. I've seen a few people bring back the old Ugg boots, and I've been thinking of looking for mine again, too."

As new trends roll in, old ones roll out. *Vogue* predicts that pleated miniskirts, long cardigans, and lounge sets will take the back burner this season as new styles take center stage. Even trends that are normally heavily associated with fall seem as though they are at the end of their run.

Breanna Guinta, a junior fine arts student, commented, "I feel what would be 'out' this fall are beanies. I never see people wear them much anymore."

Skinny jeans, another trend popularized for years, has also appeared to have made its way out.

Simancas expressed, "I haven't seen a lot of people wearing [skinny jeans] over the past couple of years since wide leg jeans have become so popular."

Although people place high importance on staying on trend, it's also important to remember that trends change. It's almost impossible to keep up with every new update. While staying on top of trends can be fun, it's also important for people to remember to wear whatever makes them comfortable this fall season.

The Ketogenic Diet: Healthy or Harmful?

RACHEL ORNDORFF
CONTRIBUTING WRITER

Although diet culture seems to permeate all aspects of our lives, obesity in America is still on the rise along with other metabolic diseases, like hypertension and diabetes. Per studies conducted by the U.S. Department of Agriculture, the COVID-19 pandemic exasperated the already high number of adults living with obesity.

As a result, people have perpetuated an obsession for finding quick and easy "diet trends" in hopes of resolving

their weight problems. In reality, these diets can do more harm than good. One such diet is the notorious ketogenic, more commonly known as the "keto" diet.

A ketogenic diet is characterized by a reduction in carbohydrates with a simultaneous high intake of fat and proteins. According to Harvard Health, the diet encourages people to cut off grains, vegetables, and fruits, all of which are high sources of carbohydrates. Instead, the keto diet forces the body into ketosis, which is when the body utilizes fat for

energy. This process allows the body to burn more fat, which in turn helps with weight loss.

While the keto diet is paired with other therapies to treat various diseases, such as pediatric epilepsy, it is not an acceptable first line of defense in one's weight loss journey, especially for relatively healthy adults. The keto diet is practically a staple within mainstream media; numerous celebrities and media outlets laud it for anyone looking to lose weight fast. Nonetheless, what people fail to take into consideration are the multiple health risks associated

with this type of dieting.

Heather Behan, Adjunct for the Department of Nursing, believes the diet can prevent a client from quality nutrition.

She explained, "Strictly adhering to a ketogenic diet is quite difficult. Carbohydrates found in whole grains, fruit, beans, and vegetables have wonderful health benefits like phytochemicals, antioxidants, vitamins, and minerals that a person on a ketogenic diet might miss out on. Additionally, our brains require glucose as fuel. If someone is actively avoiding a major food group, like carbohydrates, there may be negative health effects."

Given that carbohydrates are the body's number one energy source, a diet that reduces the intake of this macromolecule decreases the amount of glucose the body can utilize for energy. Without the production of glucose from these carbs, the body doesn't have enough fuel to function properly.

Alexa Clayton, a sophomore communication student, has done her own research on the ketogenic diet and its effects.

She stated, "By lowering your carb intake, your body will start to create a maintenance level to lower your carbs, which will throw your body off. It is essential that your body gets carbohydrates, protein, and fats."

According to a study published in the *Frontiers in Psychology* journal, the supply of glucose to the central nervous

system (CNS) becomes insufficient after only a few days of following a drastically reduced carbohydrate diet, like the keto diet. The rest of the body can utilize the fatty acids from the increased consumption of fat as an energy source. However, the CNS is unable to use these fatty acids for energy because they do not cross the blood-brain barrier. To accommodate for this lost energy source to the CNS, the liver begins to produce ketones. This can be an incredibly damaging cycle if not monitored by a healthcare provider.

Although some people believe ketosis is a result-driven weight loss technique, this process has had numerous consequences associated with its long-term use.

Clayton added, "The keto diet is advertised as a magic weight loss solution, but it has been shown to lead to serious medical risks that could potentially harm your body." Harvard Health notes some adverse side effects of the keto diet, including liver and kidney problems, nutrient deficiency, and dizziness.

Overall, doctors recommend that the best way to attack weight loss is by consistently working out and eating at a calorie deficit while still maintaining the body's metabolic needs. The ketogenic diet is not a safe solution to handle struggles with weight, and should only be utilized if recommended by a healthcare practitioner.



IMAGE TAKEN from Pexels.com

The keto diet includes low-carb foods such as seafood, chicken, nuts, eggs, and berries.

Live from New York, Saturday Night Live is Back

STEFANIE DONAYRE
ENTERTAINMENT EDITOR

“Live from New York, it’s Saturday night!”

Fans of *Saturday Night Live* will hear those words once again as NBC’s iconic comedy show premiered its newest season at the beginning of October. The show kicked off its 48th season with actor Miles Teller as the host and featured Kendrick Lamar as musical guest.

The show helped launch so many comedians’ careers, such as Tina Fey, Jimmy Fallon, Pete Davidson, and Seth Meyers, just to name a few alums. The show will feature some old faces such as Michael Che, Colin Hanks, Mikey Day, and Cecily Strong. Joining this 48th Season are four new cast members named Marcello Hernandez, Molly Kearney, Michael Longfellow, and Devon Walker.

The announcement of new members was announced on Sept. 15, which comes after the departure of cast members like Kate McKinnon, Aidy Bryant, Pete Davidson, Kyle Mooney, Melissa Villaseñor, Alex Moffat, Chris Reed, and Aristotle Athari. As a fan of the show, I was a bit sad to hear that two of the funniest comedians on the show, Kate



Saturday Night Live’s Chloe Fineman with musical guest Willow and host Brendan Gleeson.

McKinnon and Pete Davidson (Staten Island represent!), were no longer going to be seen in skits every Saturday.

New *SNL* cast member Molly Kearney is a stand-up comedian from Chicago who played Fern in Amazon Prime Video’s *A League of Their Own*. Michael Longfellow is a stand-up comedian from Los Angeles who has appeared on Conan and the recent “Netflix Is a Joke” comedy festival.

Devon Walker is not only a New York-based comedian but also named one of *Vulture*’s Comedians You Should and Will Know for 2022. The final cast member to join is

Marcello Hernandez, who has over 340,000 followers for “Just for Laughs New Face” on TikTok.

Just this past Saturday, Oct. 8, Irish actor and film director Brendan Gleeson was invited as a host while Willow performed. My favorite skit in that episode was the one that mimicked the original viral video posted by the YouTube sensation, the Try Guys. The skit poked fun at the Ned Fulmer cheating scandal that made headlines that week.

Instead of making fun of Fulmer, the skit targeted the other Try Guys members Eugene Lee Yang, Zach Korn-

feld and Keith Habersberger, who each appeared to show the three stages of grief: angry, sad, and disappointment throughout the original video, which announced Fulmer’s departure from the team.

A silly skit that aired that episode was titled “Eyes.” In the skit, a woman played by Sarah Sherman disrupts a meeting because her co-workers did not comment on her new eyes, which were wide googly eyes that looked ridiculous, as you can imagine.

Colin Hanks & Michael Che were back again for this “Weekend Update” segment, and they went through the

biggest news that occurred throughout the week like Dr. Oz’s experiments that killed over 300 dogs, the Florida governor explaining why the state’s residents didn’t want to leave their homes because of the recent storm, and a British pilot that drew an outline of Queen Elizabeth in the sky over the country.

Last week they cracked a few jokes along the way as they covered topics such as Hefty introducing pumpkin spice-scented trash bags, a building in San Francisco that appears to have a floating glass cube, and the Empire State Building lighting up in blue and white in honor of Aaron Judge’s 62nd home run of the season. Personally, this is one of my favorite segments and I always enjoy seeing the Weekend Update anchors deliver their cues while trying not to laugh.

Later in this episode, Willow performed her songs “curious/ furious” and “ur a stranger,” which was the perfect way to end the second episode of this season of *Saturday Night Live*.

The upcoming episode of *Saturday Night Live* airs this Saturday, Oct. 15 and will have rapper Megan Thee Stallion as both the host and musical guest.

2022 Halloween Movie Must-Watch

JORDANNA CANTIN
CONTRIBUTING WRITER

As the weather gets colder and we watch the leaves turn gold, we know Halloween is upon us. The time has come for grocery store candy, everything pumpkin spice flavored, and, of course, Halloween movies.

From horror to comedy, the options are endless. This list features movies old and new, as well as some that haven’t even come out yet (I’m looking at you, *Halloween Ends*), in addition to where you can find and watch them. Although October has just begun, we have an abundance of witches, vampires, and creepy things to cover before the 31st.

Hocus Pocus 2 (2022)

We are starting off strong with the sequel to the gen-z classic “Hocus Pocus,” created almost 30 years ago. The Sanderson sisters are officially back and once again trying to

eat the souls of children and live forever—the usual antics. Featured on Disney+, this movie is bound to bring you back to your childhood.

While starring the original sisters, Bette Midler, Sarah Jessica Parker, and Kathy Najimy, the movie also features some fresh faces, like Whitney Peak, Lila Buckingham, and Sam Richardson, each offering a new and exciting performance in bringing the witchy world to life.

Similarly to the original, the sisters are mistakenly brought back to Salem, Massachusetts where three teenage girls must find a way to stop these witches from seeking their revenge.

Nightmare on Elm Street (1984)

This horror classic beckons mention of the iconic Freddy Krueger costume as one of the biggest hits this year. This 80’s film might not be the best quality compared to newer horror films, but it definitely gets the

job done. Starring Johnny Depp, this is a great movie if you’re not completely fond of gory, blood-filled thrillers. The movie is available on multiple streaming apps, such as HBO Max, Prime Video, and Vudu.

The Rocky Horror Picture Show (1975)

Now I might be a little biased because this is one of my favorite movies ever, but trust me on this one. This cult classic features sweet, innocent couple, Brad and Janet, who stumble upon a creepy mansion owned by the strange Dr. Frank-N-Fruter. The movie introduces many screwball characters and as the couple loses their purity, the cast dances to rock songs all night long. If there’s one word to describe this film, it’s ‘nonsensical.’ You can watch and rock along on Hulu.

Halloween (Franchise)

With the final film in this series coming out Oct. 14 (*Halloween Ends*), now is the perfect time to try and rewatch the 13 films. Starring the iconic Jamie Lee Curtis, *Halloween* takes place over multiple different timelines as the insane Michael Myers continues his ‘stalk and kill’ spree. *Halloween Ends* can be seen in theaters and on Peacock. Films 1 through 12 are available on Shudder and On Demand.

Halloweentown (Film series)

Another family friendly series to watch, guaranteed to bring you back to the easy days. These Disney Channel Original Movies are filled with witches, laughter,



Characters Scarlett Marlowe and George exploring the catacombs in *As Above, So Below*.

and heart-warming family values. The four movies consist of the main character Marnie Piper and her journey after finding out that she is a witch. Each movie has a different plot line, so it is difficult to choose just one. Nevertheless, you can watch all four on Disney+ and Hulu.

Hereditary (2018)

This psychological horror film is bound to make viewers crawl out of their skin with its dark plot packed with seances, severed body parts, creepy bugs, and blood. The death of a family’s grandmother reveals horrifying secrets that unravel throughout the movie. Paramount+, Hulu, and Showtime offer this movie.

Us (2019)

Traumatized by her childhood, Adelaide Wilson returns to her beach house with her hus-

band and two kids. As the movie progresses, things start to take a turn when four masked people attempt to attack her family. In fighting for their lives, they learn that each of the masked killers look identical to each member of the Wilson family. You can watch it now on Hulu.

As Above, So Below (2014)

An archeologist follows in the footsteps of her late father to uncover the treasure of Flamel’s Philosopher’s Stone. This stone grants immortality and turns any metal into gold. As they begin their journey into the Catacombs of Paris, the crew begins to realize it’s not only haunted, but there lies dark secrets no one in the world knows or was meant to know for that matter. Both Amazon Prime and Hulu have this movie.



IMAGE TAKEN from Amazon.com

Nightmare on Elm Street was released in 1984 and was written and directed by Wes Craven.

THE SUCCESS AND CONTROVERSIES OF Netflix's KILLER SERIES

GABRIELLE SANGATALDO
CONTRIBUTING WRITER

In recent years, it seems as though the media has perpetuated society's growing and sick romanticization of serial killers. Netflix's latest crime drama series, *Dahmer – Monster: The Jeffrey Dahmer Story*, is a product of its environment.

Some argue that Zac Efron's role as Ted Bundy in Netflix's *Extremely Wicked, Shockingly Evil and Vile* ignited this widespread, cult-like obsession for all things disturbing. According to *People Magazine*, critics said that Efron's casting "over-emphasized Bundy's charm and good looks." Similarly, others are voicing the same concerns over fans' newest questionable lover, Jeffrey Dahmer.

On Sept. 21, Netflix released their limited series on Dahmer starring Evan Peters for the titular role. The series recounts the life and

crimes of Jeffrey Dahmer, notorious for murdering and dismembering seventeen males, predominantly black and gay, from the late 70's into the early 90's. Even more gruesome, his crimes further include that of necrophilia and cannibalism, the latter of which is infamously associated with Dahmer's name.

The Netflix series, simply referred to as "Dahmer," begins painfully slow, creating pits of angst within viewers as they anticipate the inevitable. By starting in a backwards fashion, "Dahmer's" pilot episode is about the circumstances surrounding the killer's last arrest (he had been arrested multiple times previously for other misdemeanors). The following episodes rewind to the beginning of Dahmer's life, providing a loose explanation and timeline of his mental and criminal descent, in addition to highlighting the stories of some of his victims.

Although disgustingly grotesque, "Dahmer" does a fantastic job of allowing the viewer glimpses into the isolated cannibal's life. In show-

casing Dahmer's childhood and thereafter, the viewer is able to piece together a personal opinion about whether his killer tendencies were born or bred.

The show's cast and acting abilities likewise add to viewers' experience. Peters portrays Dahmer in a scarily accurate light, going as far as nailing his subtle mannerisms and Midwestern accent. One might almost forget that Peters isn't Dahmer himself. In an interview with *Seventeen*, Peters admitted that he would "have to go to really dark places and stay there for an extended period of time" to prepare for the demands of the role.

Despite the show's acclaim, there is a deeper level of controversy that surrounds the series. Many claim that the series shows Dahmer in too great of a sympathetic light. Episodes' deep look into the killer's disturbed mental state, as well as the nature of his unstable childhood, give off an undesired air of pity.

Others have said that the series displays blatant disregard



IMAGE TAKEN from NY Morning Star, BANNER from ourculturemag.org

Even Peters plays the titular role in the Netflix show, *Dahmer*.

for Dahmer's victims, who allegedly had no say in the creation of the Netflix hit. Eric Wynn, a Black drag queen in Milwaukee and friend of Dahmer victim Anthony Hughes, told *The New York Times* that "Dahmer" "couldn't be more wrong, more ill-timed, and it's a media grab."

Without the consent of those who knew the victims personally, in addition to the strange romanticization of ne-

fariou killers, there lies an ethical dilemma in creating "Dahmer," as well as other serial killer documentaries. Are they educating the public on how killers such as Dahmer come to be, or are they demonstrating the idea that any murderer has the potential to be immortalized? Despite the show's captivating success, these ethical questions deserve to be addressed.

FALL ATTRACTIONS IN NEW JERSEY

STEFANIE DONAYRE
ENTERTAINMENT EDITOR

Looking to get in the Halloween spirit with family and friends and want to switch up your fall routine this year? Check out this run down of some can't-miss-fall-attractions that New Jersey has to offer.

Visit a Pumpkin Patch

I know this seems like such a common trip most people do in the fall, but is there really any other place that captures the essence of fall better than a pumpkin patch? Along with this, it's the perfect Insta-worthy photo opportunity for you and some friends, your dog, or even your significant other, which makes it a staple during this season.

A local favorite is A. Casola Farms in Holmdel, NJ. Only 25 minutes from Monmouth University, this dog-friendly pumpkin patch features a haunted corn maze, petting zoo, and has doughnuts that are to die for!

Hiking

New Jersey offers the best

of both worlds with its beautiful shores and country-like grounds. Take in gorgeous views of the color changing leaves in nature as you journey through the trails. Ramapo Park Lake Loop is one hour and 21 minutes away but has a hiking trail that will take you through Van Slyke Castle's ruins, views of calm lakes, streams, and paths with rocks to climb.

Light Installations

For those interested in the ultimate spooky Halloween atmosphere, Wagner Farm Arboretum's Brite Nites, might be just for you. Brite Nites is a Halloween-themed event that showcases installations of hand-carved and LED-lighted pumpkins. This year's 11th annual Brite Nites has select walk thru dates on Oct. 14-15, 21-22, 28-29 and drive thru dates on Fridays and Saturdays on Oct. 14, 15, 21, 22, 28 & 29.

Zombie Opera

If you love theater, look into attending Jersey City's Zombie Opera. Originally started by Half-Light Productions, this family-friendly event stars actors dressed as

zombies as they perform opera. This new take on opera is now in its third year, and is happening on Saturday, Oct. 29 from 6 p.m. to 8:30 p.m. at the Hamilton Park gazebo.

Haunted attraction & Farmer's Markets

As seen on *The Today Show*, *Cake Boss*, *Buzzfeed*, *ABC*, *NBC*, *FOX*, the Brighton Asylum is a legendary haunted attraction in New Jersey. At this interactive attraction, guests can walk through the three epic haunted houses with escape rooms at their own pace.

The Brighton Asylum also offers an after-hours tour around the most spiritually active parts with only flashlights and ghost hunting equipment with an experienced paranormal guide.

Berry Fresh Farms is a farmers market with a great selection of fruits, vegetables, plants and seasonal crops like corn and pumpkins.

Despite the calm presence of a farmers market during the day, this just also happens to be the location of the 13th Hour Haunted House. An hour and 21 minute drive



IMAGE TAKEN from Groupon.com

A. Casola Farms in Holmdel, NJ has a pumpkin patch, a petting zoo, and a corn maze.

from campus, this haunted house has puzzles waiting to be solved and is open from 4 p.m. to 10 p.m. There is a food truck right outside of this attraction, which is perfect if you are craving some carnival food after this chilling experience.

Fall Festivals

The Sussex County Fairgrounds, which are located at 37 Plains Road in Augusta, NJ will host the 11th annual Sussex County Harvest, Honey, and Garlic Festival. The festival honors ecotourism, arts and heritage tourism, as well as agriculture. A

farmers' market, beekeepers, a hayride, pumpkin painting, crafts, and other fun events will be held on Oct. 29 from 10 a.m. to 4 p.m..

Before that on Oct. 15 and 16 is the Chatsworth Cranberry Festival. This cranberry fair features over 150 vendors, 15 food vendors, and has live music to celebrate the cranberry harvest.

In addition to all this, Monmouth University's student Activities Board will be hosting a Haunted Casino Night on campus on Saturday, Oct. 29 from 8:00-10:30 p.m.

Trump Petitions Supreme Court to Intervene in Dispute Over Documents Seized During FBI Raid



IMAGE TAKEN from PBS

Donald Trump submitted an emergency appeal to the Supreme Court to repossess classified documents seized during an FBI search of his Florida home.

JOCELYN MARSH
CONTRIBUTING WRITER

On Jan. 6, 2021, the United States Capitol was attacked in an attempt to overturn the 2020 election and disrupt the certification of the election by the US Congress. Following these events, the U.S. House of Representatives selected a committee led by Chairman Bennie Thompson (D-MS) and Vice Chair Liz Cheney (R-WY) to investigate the violence of Jan. 6 and its causes.

Evidence presented by the committee thus far supports the case that former President Trump potentially violated the law when he refused to take action to stop his supporters from attacking the US Capitol, even when he became aware of the events that were unfolding. During a hearing, Vice Chair Liz Cheney stated, “Trump gave no order to deploy the National Guard that day and made no effort to work with the Department of Justice to coordinate and deploy law enforcement assets.”

Further evidence presented by the Committee revealed Rusty Bowers, Speaker of the Arizona State House, refused to bow to pressure from Trump and Rudy Giuliani to overturn the state’s election results. Bowers testified that Giuliani told him, “We have lots of theories, we just don’t have the evidence.”

Former Trump advisor Cassidy Hutchinson testified to the committee that Trump was aware his supporters were armed and stated, “You know, I don’t effing care that they have weapons” and, “They’re not here to hurt me. Take the effing [magnetometers] away. Let my people in.”

The events that took place on Jan. 6, 2021 were as follows: at noon, President Trump gave a speech to a large crowd of supporters near the White House. Shortly after the speech began, a large crowd marched from downtown D.C. toward the Capitol. Individuals in this group wore MAGA gear and patriotic attire and held American flags as well as flags that read “Trump 2020.” Some were even armed with guns, bulletproof vests, and other weapons. The rioters proceeded to break down barriers,

storm the Capitol, and clash with police. As this unfolded, members of Congress were forced off the floor and into hiding. The breaching of the Capitol led to the deaths of five individuals.

On Aug. 8, a search of Trump’s home in Palm Beach, Florida yielded 11,000 documents, including over 100 marked as “confidential,” “secret,” or “top secret.” This marked the first time in history that a former United States President’s home had been raided by the FBI.

According to the *Washington Post*, there are four sets of top-secret documents, three secret documents, and three confidential documents. The *Washington Post* reported, “Some of the seized documents detail top-secret U.S. operations so closely guarded that many senior national security officials are kept in the dark about them,” as they “require special clearances on a need-to-know basis, not just top-secret clearance.”

Moreover, the *Washington Post* reported that one of the documents described a foreign government’s military defenses, including its nuclear-defense readiness. Trump has taken to his social media platform, Truth Social, and other outlets to claim the “nuclear-weapons issue is a hoax.”

Following the seizure of these documents, Trump requested to appoint a special master to review the records. U.S. District Judge Aileen Cannon granted this request, while also blocking the government from using any of the documents as part of a criminal investigation. Following the granting of Trump’s request, the United States Justice Department petitioned the U.S. Court of Appeals for the 11th Circuit, requesting that the court put Cannon’s orders on hold.

On Sept. 21, the court of appeals granted the government’s request. The 11th Circuit ruled that the Justice Department did not have to turn over the documents with classified markings to the special master and that the department could continue using the documents in its investigation.

Trump is now petitioning the United States Supreme Court to reinstate the portion of Cannon’s order that required the govern-

ment to turn over the documents marked as classified.

Raina Morse, a sociology student with a minor in gender studies and intersectionality, said that she’s “unsurprised at Trump asking the Supreme Court to intervene...I worry for the future, and for some semblance of democracy being maintained in the US if he gets his way, but I think giving Trump attention is what got us into this whole mess, and we’d do well to not take his bad-faith behavior seriously.”

Catherine Melman-Kenny, a senior political science and anthropology student, feels that “Trump’s request is an attempt to avoid the consequences he would legally be required to face for committing a crime of such a high degree. Anybody else who was found to have taken 100 classified documents to their private home without authorization would be facing very high criminal charges. They [the FBI] had a valid warrant, searched what they were authorized to, and are merely trying to investigate and address a crime of national security.”

According to a poll conducted by YouGov, 54 percent of Americans supported the actions of the FBI, while 36 percent were opposed to it.

During his time in office, Trump was able to successfully appoint three justices to the United States Supreme Court — Neil Gorsuch, Brett Kavanaugh, and Amy Coney Barrett. These appointments tipped the Court into a Conservative majority.

Trump’s request asks that the classified records in question are returned to the pool of documents included under the special master review, opting not to ask the court to exclude those documents from being used by the Justice Department as they continue their investigation. On Oct. 4 this request was received by Justice Clarence Thomas, who handles emergency appeals from the 11th Circuit.

However, Trump’s emergency appeal to the Supreme Court wasn’t treated like an urgent matter as Justice Clarence Thomas gave the Department of Justice a week to respond. A response from the DOJ is due on Oct. 11.

Biden Pardons Simple Marijuana Possessions

RICHARD PITTS
POLITICS EDITOR

On Thursday, Oct. 6, U.S. President Joe Biden issued a general pardon for those convicted of simple possession of marijuana on a federal level. Biden also announced that his administration will be reviewing the way marijuana is legally classed in the United States.

As it stands, marijuana is currently a Schedule I drug, which is defined by the US Drug Enforcement Administration (DEA) as “drugs, substances, or chemicals... with no currently accepted medical use and a high potential for abuse.” Other Schedule I drugs include heroin and LSD. Despite the DEA’s definition, numerous states permit and operate medical marijuana programs for those suffering from certain diseases, most notably different types of cancers.

The charge of simple possession is governed under the 1971 Controlled Substances Act, which is Congressional legislation that established the tiered schedule system alongside general drug regulation. While data is not fully available on the definite number of people who will be pardoned, the *New York Times* reports that “about 6,500 people were convicted of simple possession between 1992 and 2021.” Those convicted under the statutes of the District of Columbia will also be granted a pardon.

The *New York Times* also reported that “there are no people now serving time in federal prisons solely for marijuana possession.” Because of this, the ramifications of this decision will be mostly social, with a roadblock to employment and other aspects of life such as housing and school enrollment removed—an issue of drug reform that civil rights groups have campaigned on for decades.

Oliver Gaines, a senior history student, said that “the Presidential pardon to expunge prior marijuana possession offenses in the United States is crucial to promote true equality in America. It is well known that marijuana possession charges disproportionately affect individuals of color.”

In his pardon memo, Biden cited that while White, Hispanic, and Black Americans use cannabis at similar rates, those who are Black and Brown are disproportionately charged with marijuana crimes.

The pardon does not provide clemency to those convicted of distributing or selling marijuana. To further bolster his federal pardon, Biden encouraged American governors to issue their own pardon of marijuana charges on the state level.

New Jersey Governor Phil Murphy, despite the state’s

legalization of marijuana, has yet to issue a pardon. However, former NJ Attorney General Gurbir Grewal issued a directive to prosecutors to waive mandatory minimum prison terms for nonviolent drug crimes in 2021.

Responses to the pardon have been largely supportive of the decision, with many making mention of the legacy of the War on Drugs. Speaking to NPR, Patrice Willoughby, a prominent National Association for the Advancement of Colored People (NAACP) official, said that “the failed policies on drug criminalization have ensnared many on nonviolent, marijuana offenses...and this has derailed hundreds of thousands, if not millions, of people from conduct which is legal and which is disproportionately applied to the African American community.”

Opposition to the pardon are mostly mute, with more or less no prominent Republicans criticizing Joe Biden’s decision to provide clemency for those convicted of simple possession.

Raina Morse, a freshman sociology student with a minor in gender studies, said, “I’m from Colorado where marijuana has been legal for quite a while. It’s such a horrific injustice that mostly black and brown people have been imprisoned for marijuana possession while white folks have barely ever been criminalized for it and in more recent history have been profiting from it.”

Gaines, in agreement with Morse, also said, “It is unfair that states profit off the identical item others were incarcerated for.”

Morse concluded, “I’m so, so glad that he’s offering this pardon and I hope it leads to lots of black and brown folks being re-enfranchised.”

Spencer Keats, an engineer who works for the Monmouth County Government, said that he’s “all for pardoning people. I am glad the President is making a distinction between those who distribute and sell and those who use it recreationally. However, I also question the President’s timing. It always seems that when he makes major announcements, it coincides with the midterm elections.”

Criticism of Joe Biden for making numerous significant decisions so close to the midterms has been a common talking point in the United States, with many suggesting that Biden may be using these issues as tools for bettering midterm results rather than actually trying to resolve the issues.

On the campaign trail, Biden made a pledge to decriminalize marijuana. While the pardoning does not legalize possession of marijuana, the decision to pardon those charged with simple possession is seen by many as a step in the right direction.

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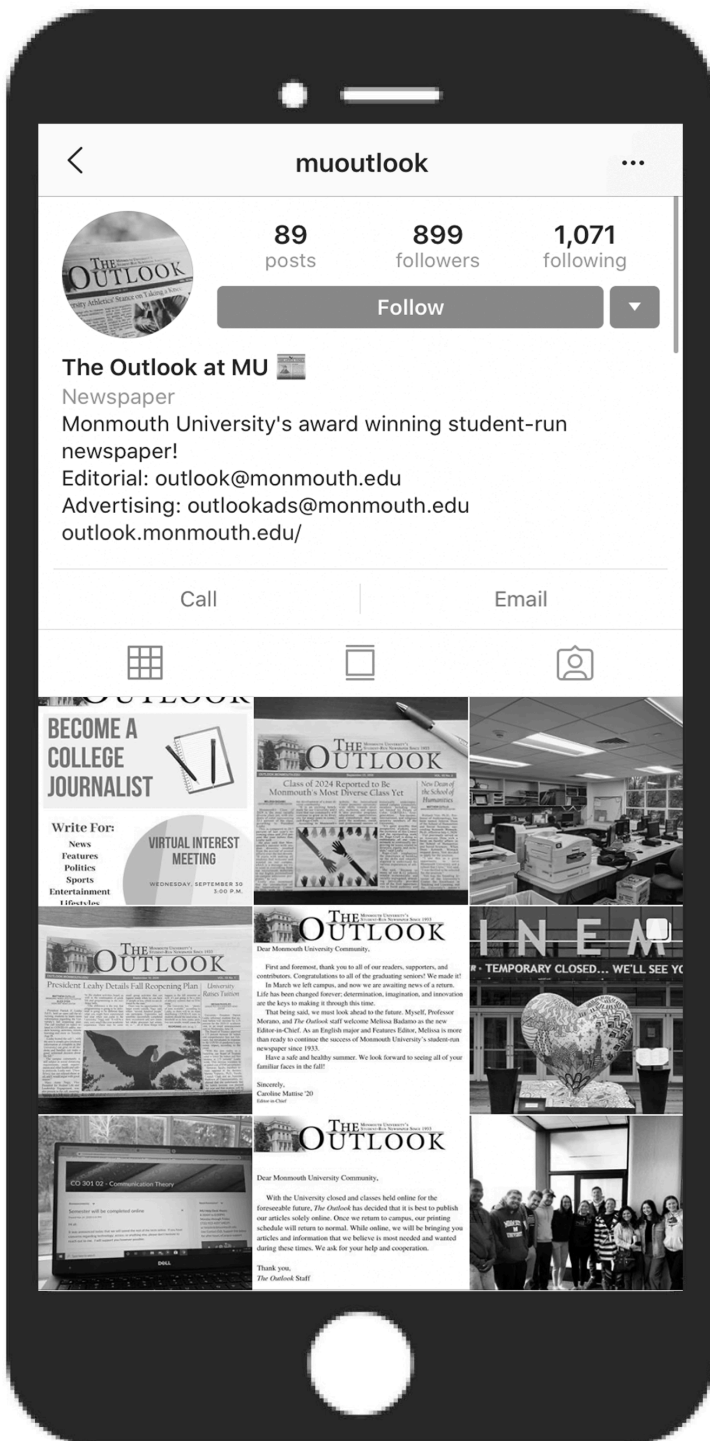
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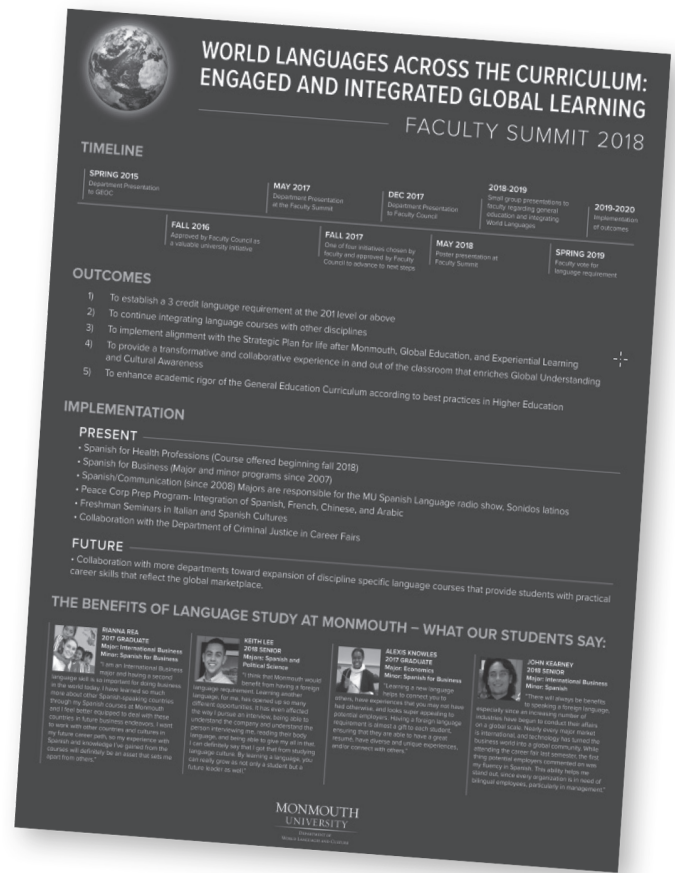
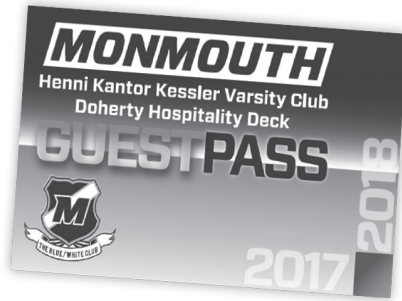
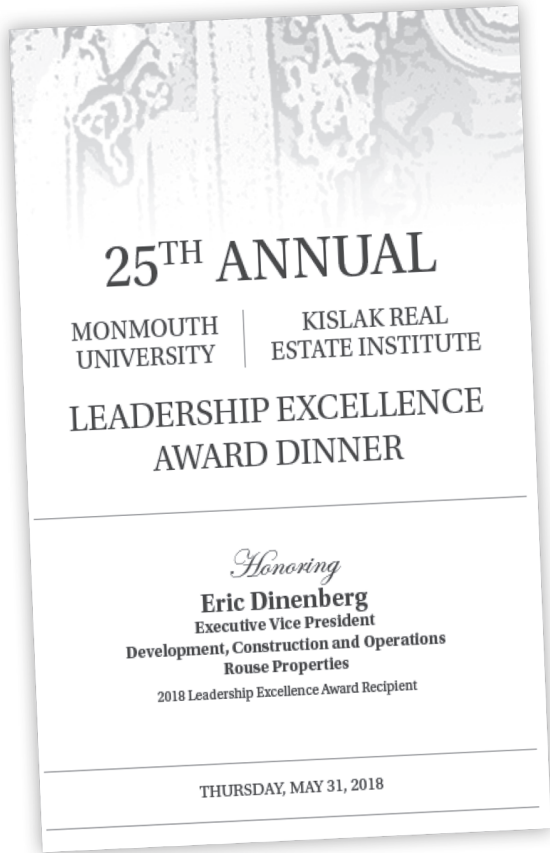
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Hawks Outlast UAlbany in First CAA Home Win, 38-31

JONATHAN BAILEY
SPORTS EDITOR

The Monmouth University Hawks (4-2, 2-1 CAA) won their first ever Colonial Athletic Association home game on Saturday, surviving the Albany Great Danes' (1-4, 0-2 CAA) late surge at Kessler Stadium, 38-31.

Monmouth fell down 7-0 early in the first quarter, before ripping off three consecutive rushing scores, making the score 21-7. The Hawks' ground game was rolling again, with sophomore running back Jaden Shirden posting his fifth consecutive effort of 100 yards or more and adding Monmouth's first two scores of the day, bringing his total to seven on the year. Shirden rumbled for scores of 30 and 75 yards, the latter being his fifth of 50 or more yards this season. Monmouth's final touchdown of the first half came by the legs of Shirden's partner in the backfield, fifth year Owen Wright. Wright galloped 99 yards with the Hawks backed up in their own territory after a stellar Hawks fourth down stop against Albany's surging offense, and thus tying the school record for the longest offensive play from scrimmage. Junior Eric Bernstein knocked through his first field goal as a Hawk, trading field goals with Albany's John

Opalko to end the half. Albany were unfortunate not to come away with more points, with their 90-yard march resulting in Opalko's field goal with only nine seconds remaining in the half, bringing the score to 24-10.

Albany would continue their momentum on offense into the second half, with Todd Sibley converting in the red zone on a 19 yard rush and bringing Albany within one score at 24-17. Sibley's efforts would all be for naught, as junior tight end Jack Neri answered back with his first score of the season on a pass from none other than junior quarterback Tony Muskett, extending the Hawks lead to 14 and making the score 31-17. Muskett and junior wide receiver Dymere Miller continued to build their electric chemistry on Saturday, as Miller accounted for 116 of Muskett's 187 passing yards. Miller gave Albany's defense all they could handle, ripping off six catches in the game and averaging 19.3 yards per catch.

Albany quarterback Reese Poffenberger would take matters into his own hands and cap off a 12 play, 70-yard drive with a one yard touchdown plunge early in the fourth quarter, bringing them within one score of the Hawks, who led 31-24. How-

ever, with time running down late in the fourth quarter, Owen Wright filled the box score once again, capitalizing on an 11 play drive by the Hawks. Wright's second score of the day gave him 12 on the ground, and 14 in total on the year. This was Wright's fifth game with multiple scores this season. Poffenberger would guide Albany to the game's fourth consecutive touchdown drive, finding Roy Alexander open short on an eight yard touchdown pass. Neri, Wright, Poffenberger and Alexander scored consecutive touchdowns with no punts or turnovers coming in between.

The shootout between the two teams would end there, with the Hawks' defense standing tall late in the game. Following a punt by the offense and the Hawks clinging to a 38-31 lead, the defense had to ward off Poffenberger and Albany one final time, with Albany having under a minute to muster a game-tying touchdown. With Albany driving once again, Hawks junior defensive back, CAA Defensive Player of the Week and Maryland native Mike Reid swatted down Poffenberger's last ditch attempt at the end zone, securing the Hawks' first ever home win in the CAA. Reid's strong game in the secondary, which

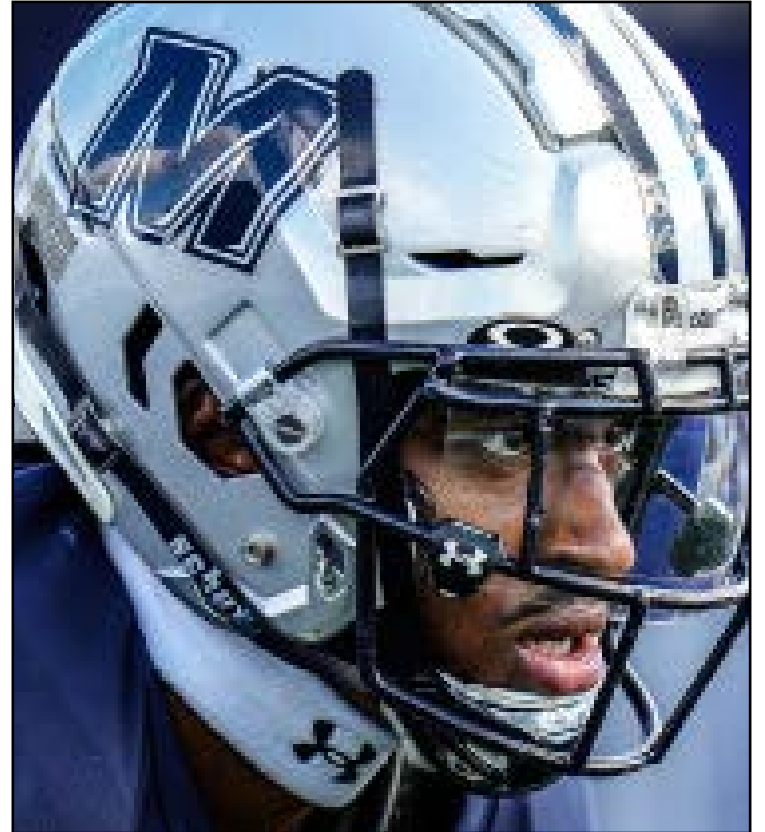


PHOTO COURTESY of Monmouth Athletics

Mike Reid was named CAA Defensive Player of the Week, recording three passes defensed and recovering a fumble.

included a fumble recovery and two other defensed passes, allowed the opportunistic Hawks to capitalize and put points on the board. 24 of Monmouth's 38 points followed a turnover or punt by Albany. The Monmouth Hawks (4-2, 2-1 CAA), win-

ners of four straight games and scoring 30 points or more in each of those games, will travel to Harold Alfond Sports Stadium on Oct. 15 to face off with the Maine Black Bears, (1-4, 1-1 CAA) who are coming off of their first win of the season.

Field Hockey Has Mixed Results in Ivy League Games

KATIE YODER
CONTRIBUTING WRITER

The Monmouth University field hockey team fell 6-1 to No. 9 Princeton Tigers (8-4) on Wednesday but came away triumphant on Sunday versus Columbia (3-8, 1-2) winning 5-0.

The Hawks faced no. 9 Princeton on So Sweet A Cat Field on Wednesday afternoon.

Princeton led the game after scoring twice in the first and second quarters, ending the first half of play with a 4-0 lead. Grace Schulze and Sammy Popper had the first and second goals scored in live play. Beth Yeager scored the following two off corners in the second quarter. Ophelie Schulze tallied three assists in the first half, and Yeager earned an assist for herself as

well.

Freshman midfielder Meis Kengen scored her first career goal off of her own rebound 38 seconds into the second half, cutting Princeton's lead down to three goals and making the score 4-1.

Despite the Hawks' momentum shift, the Tigers weathered the storm and added the final two goals of the game in the fourth quarter, securing a 6-1 victory for the visitors. Princeton's Ella Hampson scored off of a rebound, and Autumn Brown capitalized on a deflection off Yeager. Princeton outshot Monmouth 19-13 and had a penalty corner advantage, earning 12 corners to Monmouth's five. Two of Princeton's goals came from penalty corners.

This was the first time in five games Monmouth's Annick van Lange was held

scoreless.

Monmouth's Phileine Hazen tallied 9 saves in goal for the Hawks and is 5th in the NCAA save percentage of 2022.

The Hawks are now 4-4 at home.

Four days later, the Hawks headed up to New York City on Sunday to face the Columbia Lions.

Annick van Lange scored her 11th and 12th goals of the season in the first quarter. Both of van Lange's goals were in the fourth minute of play, putting the Hawks up 2-0 in rapid fashion. Katie Yoder assisted van Lange's first goal, but her second was unassisted. Van Lange is averaging a goal per game in 2022.

Van Lange now holds the Monmouth record for goals (63) and points (145). Trish O'Dwyer previously held the record with 143 career points.

In the 19th minute of the game, junior Maggie Downs finished off a tic-tac-toe passing play, putting the Hawks up 3-0.

Monmouth controlled the second half, with defender Rosa Boender's goal off a corner, assisted by Johanna Karlhuber and Meis Kengen, giving the Hawks a 4-0 lead.

Senior forward Aylin Aufenacker returned for her first game back from an injury and scored her fourth goal of the season making it 5-0. Sophomore Morgan Kato earned her first career point by assisting the goal.

The Hawks held a 15-5 shots on-goal advantage and

paced the game in corners, 9-3.

Hazen and Ally Tarantino combined for five saves in the game. This was their second combined shutout in the Hawk's last three games.

Monmouth's 5-0 win over

Columbia was their first road win of the 2022 season. There

is just one more non-conference game remaining for the Hawks this season. The Hawks will visit Hofstra next Friday, Oct. 14, in Hempstead, NY at 3 p.m.



PHOTO COURTESY of Monmouth Athletics

Annick van Lange embraces head coach Carli Figlio, having become the school's all-time leader in goals and points.



PHOTO COURTESY of Monmouth Athletics

Meis Kengen celebrated her first career goal with teammate Katie Yoder.

Women's Soccer Earns Another CAA Win

JENNA WALTERS
CONTRIBUTING WRITER

After a weekend of CAA play, the Monmouth University women's soccer team (10-2-1, 3-1-1 CAA) prepares for its final few regular season matches having added yet another win to their impressive record, taking on the Hampton Pirates at home on Thursday, Oct. 6.

Monmouth defeated the Pirates (1-10-0, 0-5-0 CAA) 3-1 in a stunning offensive showcase, pushing through a physical and intense 90 minutes. The match marked the first-ever meeting between the two teams.

The match gradually increased in intensity, with

the first minutes of play seeing some opportunities on both sides of the field, but no shots found the back of the net. However, in the 20th minute, graduate forward Lauren Karabin became the first of several Hawks to score, with her goal assisted by sophomore defender Chloe Ferreira. Karabin nodded home a header for her third goal this season, and 21st of her career. Just 12 minutes later, freshman forward Summer Reimet dispatched a penalty kick in the 32nd minute, earning her fifth goal of the season.

Entering the second half, Monmouth continued to generate scoring chances and compete as the match intensified. In the 67th minute, junior for-

ward Rachel Ludwick earned her fourth goal of the season, shooting the ball just under the crossbar for the Hawks' goal of the match. Although the Pirates responded with their first goal of the game less than a minute later, work from Monmouth's backline, including goalie freshman Brooke McKown, who entered the game as a substitute for junior starter Cassie Coster, ensured that the Pirates' first and only goal of the game would be for consolation.

The win did not come without spirited efforts, however. The match was physical and intense, with Monmouth being called for five fouls and Hampton for 11, including two yellow cards for the visi-



PHOTO COURTESY of Monmouth Athletics

Brooke McKown saw some game action, spelling Cassie Coster, and prevented Hampton from launching any comeback bids.



PHOTO COURTESY of Monmouth Athletics

Rachel Ludwick sent Hampton packing with the Hawks' third goal of the game and continued her fine offensive form this season.

tors. Hampton goalie Alexis Deveaux had an amazing performance between the sticks, producing a total of nine saves from Monmouth's 12 shots on goal. Deveaux was also peppered by 15 corner kicks from the Hawks, a result of the Hawks' domination of ball possession for the majority of the game.

Overall, the match was yet another display of how strong of a team Monmouth is and can continue to be in their new conference home. The Hawks' midfield and backline, which has given up more than one goal just once in their past 13 games, suffocated Hampton's midfield and attack from the opening kickoff. The Pirates managed just three shots on target, and six shot attempts in total. In addition, the Pirates were not awarded a single corner and recklessly conceded 11 fouls.

Multiple Hawks also had no-

table performances and firsts in the matchup. Ludwick, for instance, continued to produce a chunk of the Hawks' offense, accounting for eight of the total 29 shots Monmouth was awarded, four of which were on target. The match also marked goalie Brooke McKown's first career appearance. However, the game was also significant for the program and team as a whole. 23 different Hawks players checked into the match, and defender Holly Burns made her first career start. In addition, and excluding the 2020-2021 season that had been shortened, the 10th win for the Hawks marked the 16th consecutive year the program has earned at least 10 wins. After their dominant win against Hampton on Thursday, the Hawks take on the Delaware Blue Hens at Hesse Field on Thursday, Oct. 13 at 6 p.m. as they approach the end of their regular season.

Hawks Shut Down Northeastern, 1-0

ABIGAIL BROOKS
GRADUATE ASSISTANT
MANAGING EDITOR

The Monmouth University men's soccer team (6-4-0, 2-4-0 CAA) secured their second consecutive CAA following a 1-0 victory over Northeastern (3-6-3, 2-3-1 CAA) on Saturday, Oct. 8.

This was the first matchup between Monmouth and Northeastern. Although the Hawks came out on top, the opposing team outshot Monmouth 11-5. Both teams fired three shots on goal, and Northeastern had three corners compared to Monmouth's two.

Despite a relatively even game between the two teams, the Hawks were able to secure their third straight victory, two of which were in conference, after sophomore midfielder Jonas Lyshoj scored in the 52nd minute off of a shot from just outside of the box. Fellow sophomore midfielder Chris Morandi and senior midfielder Luke McBeth were both credited with assists on the game's only goal.

The goal against Northeastern marks Lyshoj's first of the season and second of his career. Morandi's assist was the first of his career, while teammate McBeth has tallied

three assists in 2022 and six throughout his career.

Despite ripping off 11 shots and landing three on goal, Northeastern was unable to find the back of the net. Red-shirt goalkeeper Eryk Dymora made three important saves, two coming in the second half, to keep the Huskies off of the scoreboard. The win over Northeastern was Dymora's sixth shutout of the season, marking the second season in a row that the Hawks have earned at least six shutouts. He is now second in the CAA in shutouts.

Dymora was named CAA Co-Rookie of the Week on Monday, Oct. 3 following a 2-0-0 week where he led the Hawks to a pair of victories with shutouts over Saint Joseph's and Stony Brook. He made four saves against Saint Joseph's in a 2-0 win and two saves against Stony Brook in a 3-0 win, the first-ever CAA win for the men's program. This was the second time this season that the redshirt freshman was named Rookie of the Week, with the first honor coming back in August.

On the women's side, sophomore goalkeeper Cassie Coster was also given CAA recognition as Co-Defensive Player of the Week during the same week as Dymora after posting

four saves in a 1-1 draw against Hofstra and earning her eighth shutout of the season against Stony Brook in a 1-0 victory where she made a season-high ten saves. Like Dymora, this was Coster's second time earning the title this season.

The matchup was a hard fought game for both teams. Monmouth committed far more fouls, with the Hawks called for 17 to the Huskies' six. Four yellow cards were

issued throughout the game, with three going to Northeastern and only one to Monmouth.

Monmouth was scheduled to face off against Princeton on Tuesday, Oct. 4, but the match was postponed. The Hawks haven't played the Tigers since 2019 and hold a 4-4-1 record against their New Jersey rivals dating back to 1991.

Up next, the Hawks will host Penn for a home game on Tuesday, Oct. 11.



PHOTO COURTESY of Monmouth Athletics

Chris Morandi earned his first career assist at a crucial time, helping the Hawks steal a goal in their 1-0 win.



PHOTO COURTESY of Monmouth Athletics

Jonas Lyshoj scored his second career goal, and first of the year to propel the Hawks past Northeastern.

THE OUTLOOK



FOOTBALL ON THE RISE



The football team posted their first CAA home victory after defeating University of Albany 38-31.

SEE STORY ON PAGE 14

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